



Coronavirus & Self-Isolation

How SPJARA can help

PLEASE RETAIN THIS IN CASE YOU NEED IT

SPJARA is your local Residents' Association.

If you or your household are unfortunate enough to need to self-isolate at any point in the coming weeks and months, we'd like you to be aware of what SPJARA's team of volunteers (all local residents) can do to help.

Specifically, we can do your shopping, collect your prescriptions or other necessities of life and drop them safely to your front door where you will be able to retrieve them without the need for any physical contact.

We can work out with you the simplest possible method of payment for the shopping (bank transfer or similar) so that you can stay in isolation and at least not have to worry about this aspect of life.

Once we hear from you, preferably by email, Jonathan Moffitt or Clair Chilvers, our coordinators will get in touch and assign a volunteer.

This is, of course, a completely free service to help our fellow residents. We hope that you stay safe and well, but if you need us, please do get in touch. We'd be delighted to help.

How to get in touch with us

Email (preferred) spjara.org@gmail.com

Telephone No. 01242 701672 (Jonathan)

The SPJARA Area

Andover Road (east of Andover Walk)

Andover Street

Andover Walk

Ashford Road

Brandon Place

Edward Street

Grafton Road

Gratton Road

Morgans Drive

Norwood Road

Painswick Road

Park Place

St Philips Street

Suffolk Street

Tryes Road

Tudor Lodge Drive

Tudor Lodge Road

P.S.

If you'd like to help as a volunteer, please email or call

Updates on our website: spjara.org.uk/coronavirus